Chest Infection (Pneumonia) Pathway

Clinical Assessment/Management tool for Children



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Priorities of Clinical Assessment	History	Examination	
Febrile Child under 5 years of age - assess and manage as per Fever in Children Consider differential diagnosis Bronchiolitis Viral induced wheeze Acute exacerbation of asthma Croup Inhaled foreign body Pertussis Pneumothorax Metabolic acidosis e.g. DKA Heart failure Assessment of severity Mild No persistent/recurrent fever over preceding 24-48 hours No respiratory distress/tachypnoea	 Fever Cough, chest pain Increased work of breathing Assess oral intake High risk groups < 3 months of age Immunosuppressed Prematurity Pre-existing respiratory/cardiac condition Moderate Persistent/recurrent fever over preceding 24-48 hours Mild respiratory distress and/or tachypnoea 	 Vital signs <u>vital signs chart</u> Fever, HR, RR, SATS Respiratory distress Hydration Severe Unwell/septic appearance Significant tachypnoea Significant tachycardia Severe respiratory distress (in less than 12 months significar recession e.g. nasal flaring, grunting) Apnoeas (less than 12 months) Hypoxia (sustained O₂ sats 92% or less in room air) Cyanosis Signs of severe dehydration Capillary Refill Time longer than 2 seconds Concerns about empyema (no improvement or deterioration despite 48 hours of oral antibiotics) 	
Investigation	Management	Antibiotics	
 Routine CXR is not recommended Consider lateral flow test for Covid 	 Maintain hydration Mild: no antibiotics required, provide verbal and written safety net advice Moderate: presumed diagnosis of community acquired pneumonia (see differentials above), treat with oral antibiotics 	 5 day course Amoxicillin (dose as per BNFc) is first line For penicillin allergic use a macrolide (ie clarithromycin/ azithromycin) 	

see vital signs chart

NHS **Primary and Community Care Settings Red Flags**

• Unwell/septic appearance • Severe increased work of breathing • Cyanosis or saturations <92% on pulse oximetry • No improvement/deterioration despite 48 hours of oral antibiotics High risk groups: • < 3 months of age Immunosuppressed • Prematurity and currently on home oxygen • Pre-existing respiratory/cardiac conditions

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Send to hospital if:

- Unwell/septic appearance
- · Severe increased work of breathing
- Cyanosis or saturations <92% on pulse oximetry
- Poor air entry on auscultation
- No improvement/deterioration despite 48 hours of oral antibiotics
- High risk groups (see above)