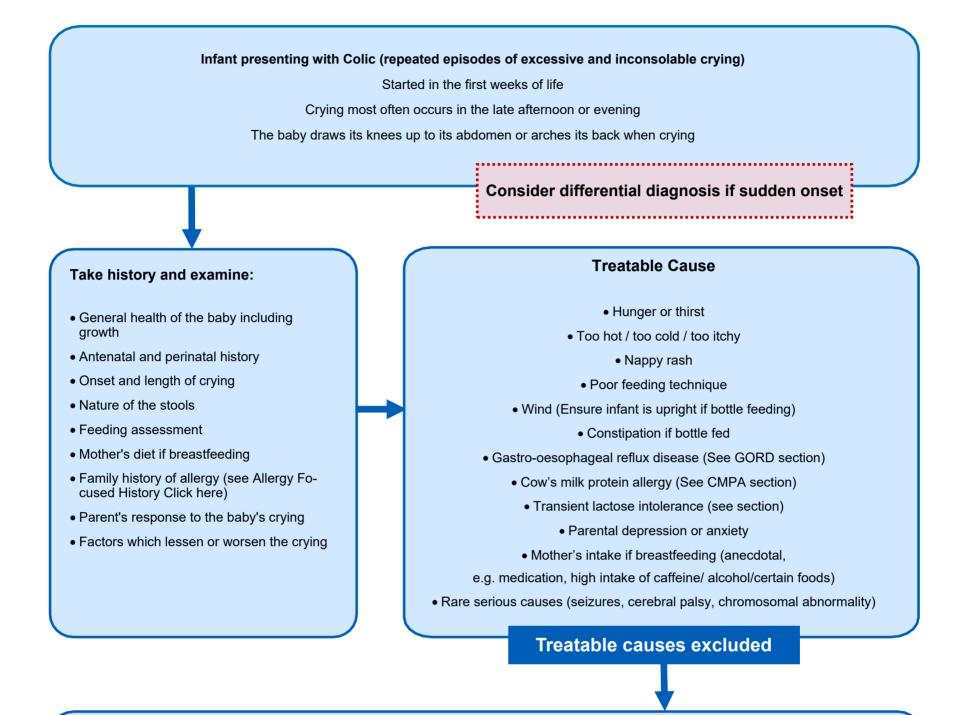
## **Colic in Infants Pathway**

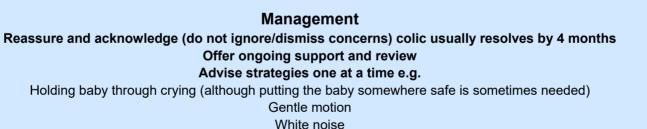
Clinical Assessment/ Management tool for Children

Management - Primary Care and Community Settings









Bathing in warm water

Encourage parents to look after their own health

## Only consider medical treatment if parents are unable to cope

- 1 week trial of OTC simeticone drops
- 1 week trial of OTC lactase drops

Only continue if improvement. Simeticone can be prescribed if strong rationale present but Lactase drops are not licensed for colic even if some small trials have shown some effects.

Low lactose and /or lactose free formula are NOT recommended.

Colic in infants - parent information leaflet

This guidance has been reviewed and adapted by healthcare professionals across North East and North Cumbria with consent from the Hampshire development groups