

CLUBS LETTER FOR CHILDREN/YOUNG PEOPLE WITH **UNDIAGNOSED ASTHMA**

Dear Parent / carer

As a CLUB we want to ensure that every child/young person is able to be involved and enjoy all activities.

We are aware of many health conditions that affect children; that could impact on them taking part in activities as well as impacting on their life in school. The most common childhood condition is asthma, which affects one in eleven children.

<https://www.beatasthma.co.uk/resources/families-children/>

The symptoms to look out for in children/ young people with asthma, include -

**BREATHING HARD AND FAST**  
**WHEEZING**  
**COUGHING**  
**BREATHLESSNESS**  
**CHEST ACHE**

We have noticed that during activities/school day your child/ young person has been showing some of the above signs, which may indicate they need a review at their GP surgery. Our aim is to ensure that your child/young person can enjoy and take part in all aspects of school life.

Please do not hesitate to discuss any queries regarding this letter with club staff.

Yours sincerely

