



CLUBS LETTER FOR CHILDREN/YOUNG PEOPLE WITH AN **ASTHMA
DIAGNOSIS**

Dear Parent / carer

We are writing you, as we are aware your child/ young person has asthma. We as a club want to ensure that they are able to be involved and enjoy all activities.

It is recommended that Children/Young People who suffer from asthma have an annual review at their GP surgery or they may receive care from a specialist asthma nurse.

<https://www.beatasthma.co.uk/resources/families-children/>

The symptoms to look out for in children/ young people with asthma include -

BREATHING HARD AND FAST

WHEEZING

COUGHING

BREATHLESSNESS

CHEST ACHE

INCREASED USE OF THE RELIEVER INHALER

We have noticed that during the sessions/activities that your child/ young person has been requiring their inhaler more or they are showing some of the signs of the above, which may indicate they need an asthma review at their GP surgery or medication check.

Please do not hesitate to discuss any concerns with club staff.

Yours sincerely

